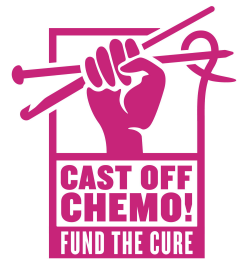


“I don’t have a store, but I knit and/or crochet and would love to help. How? ”

- Tell your friends, spread the word!
- Donate! Just use the Donate button on castoffchemo.org
- Talk to your local yarn shop and help them host a fundraiser program. Bring them the list below of the fund-raising ideas, also available as a printable PDF version on [cast off chemo.org/how-to-help-ideas](http://castoffchemo.org/how-to-help-ideas).
- Take a State – your state – or a county – yours – and contact the yarn shops and guilds. Ask them to hold an Cast Off Chemo! event.
- Involve local groups, such as those involved with the local cancer center or hospital, senior centers, guilds, or knit or crochet groups at your local library.
- Let us know (cari@castoffchemo.org) if you have skills such as data entry, blogging, posting info on social media, etc. and would like to use them to help.
- Purchase patterns on Cast Off Chemo’s Ravelry page.
- Be sure to take part in Cast Off Chemo’s eBay auction, October 2-16, 2015.
- Buy products from companies who donate some of their sales to Cast Off Chemo! The list is on castoffchemo.org under “Sponsorships”



Here are a few ideas on how you can help your local yarn shop support Cast Off Chemo!

STITCH ‘N SIP: Hold a knit and/or crocheting event where attendees would purchase a glass of wine (or non-alcoholic beverage) with proceeds going to Cast Off Chemo!

A PENNY A STITCH: Sponsor a knit and/or crochet “race” comparable to sponsoring a walk or run where participants get friends and family to sponsor knit or crochet “miles” (stitches) where the only winners are those who knit or crochet the most number of stitches over a set time. Everyone wins!

PINK PARTY: Hold a pink-themed party with an auction, raffle and/or other events with proceeds going to Cast Off Chemo!

THE KNIT/CROCHET DOCTOR IS IN: For a “co-pay” of \$ (your choice), bring in top experts who help customers/members fix their unfinished or problematic projects.

MINI-CLASS: For a donation of \$25, conduct a private half (or full) hour class.

COMMUNITY EVENT: Why limit participants to existing customers? During the summer, bring your event outside. Use large and long knitting needles (circulars are best) to let everyone try their hand at knitting a large circle or long piece, for a \$5 donation. You’re sure to get new customers or members while helping a great cause!

CREATE A KIT: Pick an “orphan” yarn (1 skein left from a dye lot or a discontinued yarn), create a pattern for wristlets or boot toppers or other small project, put both pattern and yarn in a colorful bag and sell with the proceeds going to Cast Off Chemo!

FEATURE A YARN, FUND THE CURE: Donate a percentage of sales for one or more months of one of your yarns. Or put \$1-\$5 into a donation jar for every project in that yarn that’s sold. Change the featured yarn (and yarn company) every month.

EVERYDAY ANY DAY, THROUGH THE DAY – the Cast Off Chemo! logo is a downloadable PDF on the website

1. Print the Cast Off Chemo! logo poster-size, mount in the shop and everyone who signs it donates \$1 - \$5 to the cause. Write the amount and have customer sign below. For every filled poster, the shop donates \$__.
2. Insert flyer about the project in all shopping bags.
3. Post “We’re casting on to Cast Off Chemo!” sign by your register.

SEND CHECKS TO: Cast Off Chemo, 5 Emmons St #2, Montpelier VT 05602 or use the donate button at castoffchemo.org.

CAST OFF CHEMO! is a program of the SD IRELAND CANCER RESEARCH FUND, a 501c3 non-profit public charity foundation. **All donations are tax deductible.**